



Dress Code

The dress code provides a standard for our students, which fosters an environment conducive to learning and respectful behavior. Final decisions regarding the school uniform rest with the principal/administration.

Uniform Requirements and Other Pertinent Information

Students in Grades PreK through 8 wear their uniforms beginning on the first day of school. Unless otherwise announced, students wear the uniform every day. Summer uniforms are worn from the beginning of the school year through October 9, 2020. Winter uniforms are worn from October 12, 2020, through April 16, 2021. Students who fail to wear the complete uniform will receive Disciplinary Referrals. Consequences will be issued with the Disciplinary Referrals. Consequences will be issued in accordance with the Discipline Code.

Sacred Heart Academy's uniform company is Flynn & O'Hara Uniform Company. Using one company assures uniformity in shades of color and style.

Skirt length should be no more than two inches above the knee. It is advisable that hems be set at knee length since growth spurts may occur during the year. No jewelry, including rings and wristbands, may be worn on or with the uniform, except for the Miraculous Medal or a small cross. This rule applies to both boys and girls. Girls may not wear make-up, to include cologne, eye shadow, lipstick, lip-gloss, or nail polish. Girls may wear one pair of small-post earrings; however, dangling or hoop earrings of any size are not allowed. Boys are not to wear earrings of any type. Temporary (as well as permanent) tattoos are not permitted. Students may wear a watch. No Smart devices.

Extreme and fad hairstyles or hair jewelry for boys and girls are not permitted. Hair dye is not acceptable. Boys' hair should be no longer than collar length and well groomed. If there is a question about the hairstyle, the Principal will ultimately make the decision about its appropriateness. All hats are to be removed when inside the building except on a crazy hat day, and no hats are permitted on field trips, unless designated by Administration as part of the uniform.

Students must comply with regulation socks. White socks that fold over and cover the ankle are required for both summer uniforms and gym uniforms.

On special occasions when out-of-uniform days are announced, students are to comply with the dress code guidelines provided for the day. All dress-down clothing should be modest. For girls, modest means shorts and skirts that are no more than a couple of inches above the knee. Fingertips should touch the bottom of the shorts or skirt when the student is standing tall. No low-cut shirts and blouses. Clothing is not to be excessively tight or revealing. Spaghetti straps are unacceptable, straps should be a least three fingers wide. Leggings must be accompanied with a top that appropriately covers the top of the leggings. Clothing must cover the abdomen. For boys and girls, tee shirts should not advertise anything violent or of a sexual nature. Boys' shirts may not be sleeveless. High heels, tap shoes, and flip flops are unacceptable.

Parents will be contacted and asked to bring in other clothing if students do not comply with dress guidelines for the out-of-uniform days. Those who do not dress appropriately may lose future dress-down privileges. A school gym uniform may be loaned to a student who does not comply with the dress code. The loaned uniform must be washed and returned to school the following day.



Uniform Policy

Sacred Heart Academy uses Flynn O'Hara Uniforms as our official uniform supplier. Check our website SacredHeartVA.org for a link. **All PE uniforms and school polo shirts must be purchased through the Academy.*

Preschool 3 and 4, half day and full day

Students in Preschool wear the summer and winter physical education uniforms all year long.

Physical education – boys and girls

- Fall/Spring - Red t-shirt with Sacred Heart Academy logo
- Fall/Spring - Navy blue shorts with Sacred Heart Academy logo
- Winter - Navy blue crew neck sweatshirt with Sacred Heart Academy logo and red PE shirt underneath
- Winter - Navy blue sweatpants with Sacred Heart Academy logo and optional blue PE shorts underneath
- Fall/Winter/Spring - White crew or half-crew socks
- Fall/Winter/Spring - Sneakers, any style/color (no lights/wheelies)

Kindergarten through grade 5

Fall/Spring – boys

- Khaki flat front walking shorts (fully elastic waistband for kindergarten)
- Brown leather belt (not required for kindergarten)
- *Royal blue polo shirt with embroidered Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Fall/Spring – girls

- Khaki skort with inner short lining
- *Royal blue polo shirt with embroidered Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Winter – boys

- Khaki flat front twill dress pants (fully elastic waistband for kindergarten)
- Brown leather belt (not required for kindergarten)
- Blue oxford button-down collar shirt, wrinkle free/resistant, long or short sleeve
- Plaid navy/red/white tie
- Navy crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Winter – girls

- Plaid navy/red/white drop waist jumper
- White Peter Pan collar blouse, wrinkle free/resistant, long or short sleeve
- Tights or knee socks in white or navy
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Physical education* – boys and girls

- Fall/Spring - Red t-shirt with Sacred Heart Academy logo
- Fall/Spring - Navy blue shorts with Sacred Heart Academy logo
- Winter - Navy blue crew neck sweatshirt with Sacred Heart Academy logo and red PE shirt underneath
- Winter - Navy blue sweatpants with Sacred Heart Academy logo and optional blue PE shorts underneath
- Fall/Winter/Spring - White crew or half-crew socks
- Fall/Winter/Spring - Sneakers, any style/color (no lights/wheelies)

*All PE uniforms and school polo shirts must be purchased through the Academy.

**Sacred Heart Academy emblems must be purchased through the Academy.

Grades 6 through 8

Fall/spring – boys

- Khaki flat front walking shorts
- Brown leather belt
- *Navy blue polo shirt embroidered with Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Fall/Spring – girls

- Khaki **two** panel skort
- *Navy blue polo shirt embroidered with Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Winter – boys

- Khaki flat front twill dress pants
- Brown leather belt
- White oxford button-down collar shirt, wrinkle free/resistant, long or short sleeve
- Red/Navy broad stripe tie
- Navy crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Navy polyester blazer (gold buttons) with Sacred Heart Academy emblem**
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Winter – girls

- Plaid navy/white wrap around kilt
- White oxford button-down collar shirt, wrinkle free/resistant, long or short sleeve
- Red criss-cross tie
- Tights or knee socks in white or navy
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Navy polyester blazer (gold buttons) with Sacred Heart Academy emblem**
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Physical education* – boys and girls

- Fall/Spring - Red t-shirt with Sacred Heart Academy logo
- Fall/Spring - Navy blue shorts with Sacred Heart Academy logo
- Winter - Navy blue crew neck sweatshirt with Sacred Heart Academy logo and red PE shirt underneath
- Winter - Navy blue sweatpants with Sacred Heart Academy logo and optional blue PE shorts underneath
- Fall/Winter/Spring - White crew or half-crew socks
- Fall/Winter/Spring - Sneakers, any style/color (no lights/wheelies)