



Uniform Policy

Sacred Heart Academy uses Flynn O'Hara Uniforms as our official uniform supplier. Check our website SacredHeartVA.org for a link. **All PE uniforms and school polo shirts must be purchased through the Academy.*

Preschool 3 / Preschool 4 / Kindergarten

Students in Preschool and Kindergarten wear the summer and winter physical education uniforms all year long.

Physical education – boys and girls

- Fall/Spring - Red t-shirt with Sacred Heart Academy logo
- Fall/Spring - Navy blue shorts with Sacred Heart Academy logo
- Winter - Navy blue crew neck sweatshirt with Sacred Heart Academy logo and red PE shirt underneath
- Winter - Navy blue sweatpants with Sacred Heart Academy logo and optional blue PE shorts underneath
- Fall/Winter/Spring - White crew or half-crew socks
- Fall/Winter/Spring - Sneakers, any style/color (no lights/wheelies)

Grades 1st through 5th

Fall/Spring – boys

- Khaki flat front walking shorts
- Brown leather belt
- *Royal blue polo shirt with embroidered Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Fall/Spring – girls

- Khaki skort with inner short lining
- *Royal blue polo shirt with embroidered Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Winter – boys

- Khaki flat front twill dress pants
- Brown leather belt
- Blue oxford button-down collar shirt, wrinkle free/resistant, long or short sleeve
- Plaid navy/red/white tie
- Navy crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Winter – girls

- Plaid navy/red/white drop waist jumper
- White Peter Pan collar blouse, wrinkle free/resistant, long or short sleeve
- Tights or knee socks in white or navy
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Navy V-neck cardigan with “Sacred Heart Academy” embroidered in white on left

Physical education* – boys and girls

- Fall/Spring - Red t-shirt with Sacred Heart Academy logo
- Fall/Spring - Navy blue shorts with Sacred Heart Academy logo
- Winter - Navy blue crew neck sweatshirt with Sacred Heart Academy logo and red PE shirt underneath
- Winter - Navy blue sweatpants with Sacred Heart Academy logo and optional blue PE shorts underneath
- Fall/Winter/Spring - White crew or half-crew socks
- Fall/Winter/Spring - Sneakers, any style/color (no lights/wheelies)

*All PE uniforms and school polo shirts must be purchased through the Academy.

**Sacred Heart Academy emblems must be purchased through the Academy.

Grades 6th through 8th

Fall/spring – boys

- Khaki flat front walking shorts
- Brown leather belt
- *Navy blue polo shirt embroidered with Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Fall/Spring – girls

- Khaki **two** panel skort
- *Navy blue polo shirt embroidered with Sacred Heart Academy logo
- White crew or half-crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Winter – boys

- Khaki flat front twill dress pants
- Brown leather belt
- White oxford button-down collar shirt, wrinkle free/resistant, long or short sleeve
- Red/Navy broad stripe tie
- Navy crew socks
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Navy polyester blazer (gold buttons) with Sacred Heart Academy emblem**
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Winter – girls

- Plaid navy/white wrap around kilt
- White oxford button-down collar shirt, wrinkle free/resistant, long or short sleeve
- Red criss-cross tie
- Tights or knee socks in white or navy
- Brown leather style shoes. The toe and heel must be closed. Boots of any kind are not permitted.
- Navy polyester blazer (gold buttons) with Sacred Heart Academy emblem**
- Optional - Red V-neck pullover sweater with “Sacred Heart Academy” embroidered in white on left

Physical education* – boys and girls

- Fall/Spring - Red t-shirt with Sacred Heart Academy logo
- Fall/Spring - Navy blue shorts with Sacred Heart Academy logo
- Winter - Navy blue crew neck sweatshirt with Sacred Heart Academy logo and red PE shirt underneath
- Winter - Navy blue sweatpants with Sacred Heart Academy logo and optional blue PE shorts underneath
- Fall/Winter/Spring - White crew or half-crew socks
- Fall/Winter/Spring - Sneakers, any style/color (no lights/wheelies)