



SACRED HEART ACADEMY



Quick Snip-Its

Crisis Management Plan

Our Safety Committee has submitted our Crisis Management plan. This plan was written in conjunction with local law enforcement, first responders, safety experts, parish personnel, the diocese and a third-party active shooter preparedness team. Several changes will take place within the next few weeks:

- Traffic signs will be installed in the parking lot closest to the Meadow Branch Apartments to direct the flow of traffic to and from our property.
- Security cameras are being replaced and updated throughout the campus.
- Aftercare pick up will be moved to a new location once the security cameras are installed (more information to come).
- As of October 1, Muldowney Hall is completely closed to all groups and visitors who do not have official Academy access.

Middle School Backpacks

To help students transition to high school, middle school students are now permitted to carry backpacks during the day. The current rules regarding personal electronic devices still apply, however. All cell phones and non-Academy electronic devices must be kept in lockers.

House Program

We are putting the final touches on our new House Program. Details will come home in next week's Friday folder.

SCANTRON

Test results will be coming home in next week's Family Folder.

Handwriting

Mrs. Miller, an Academy parent and therapeutic professional, is working with our teachers on handwriting interventions. Mrs. Miller's area of expertise focuses on the fine motor skills students must master in order to write with ease and clarity. Next week, Mrs. Bosshard will feature a handwriting segment on SBN News giving parents tips to support student penmanship at home.

Words Their Way

Teachers are excited about Words Their Way - a word study program that the third through fifth grade teachers will be starting. Based on years of research, the framework of this successful series is keyed to the five stages of spelling and orthographic development. Students receive various word lists based on their individual mastery of letter and word blends.

Positive Behavior Intervention Strategies

This week Mrs. Palaza and Mrs. Mikus attended a PBIS (Positive Behavior Intervention Strategies) seminar. PBIS is a classroom approach that helps new teachers build effective classroom systems, promotes students' academic performance and enhances appropriate social behavior. We, at Sacred Heart Academy, will also use this approach to enhance our Catholic identity.

Thank You

It is a wonderful treat for teachers and staff to have a meal provided on the professional development days that tend to be much longer work days. Thank you to the ASK ERIN OR KATIE Family for providing breakfast on Friday, September 27th.

AM Bridges [Before Care]

⇒ M-F, 6:45—7:45 am

⇒ Drop-ins welcome

PM Bridges [After Care]

⇒ M-F, 3:15—6:00 pm

⇒ 11:45 am—6:00 pm on early dismissal days

⇒ Drop-ins welcome; snack served daily

⇒ Supervised activities

⇒ Extended Day: 540-931-6399

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TRIMESTER SYSTEM

FALL	WINTER	SPRING
August 26 — November 26 2019	December— March 13 2020	March 17 — June 12 2020



WEEK AT-A-GLANCE

MONDAY

10/7

TUESDAY

10/8

WEDNESDAY

10/9

THURSDAY

10/10

FRIDAY

10/11

LUNCH

Pork Fried Rice

Spaghetti
Carrots & Cauliflower
Rolls

Chicken Rice
Casserole

Gyros
Chopped Salad

Red Beans & Rice
Corn Muffins

SPORTS



Boys Soccer
Conference
Tournament

Volleyball
Conference
Tournament



3:30 PM AWAY
Volleyball against
Wakefield School

Boys Soccer
Conference
Tournament

Volleyball
Conference
Tournament

Boys Soccer
Conference
Tournament

Volleyball
Conference
Tournament

**REMINDERS
& EVENTS**



3:30 — 5:30 PM
Play Practice
Library

Principal's Retreat

Principal's Retreat

1st and 2nd Grade
Field Trip
Great Country
Farms



**CLUBS &
MORE**

3:30 — 4:30 PM
Tap Dance Club
Multipurpose Room
3:30 — 4:40 PM
Chess Club
Art Room

3:30 — 4:45 PM
Reading Club with
Mrs. Lapsley
Kindergarten classroom

3:30 — 5:00 PM
Joyful Performers
Muldowney Hall

3:30 — 4:45 PM
Art Club
Art Room

